

**ILLINOIS STATE UNIVERSITY REQUEST FOR  
NEW PROGRAM APPROVAL *Financial  
Implication Form***

**Purpose:** Proposed new undergraduate and graduate programs (degrees, sequences, minors, and certificates) must include information concerning how the program will be financially supported to proceed through the curricular process.

**Procedure:** This completed form is to be approved by the Department/School Curriculum Committee chair, department chair/school director, college dean, and Provost prior to submission of the proposal to the College Curriculum Committee.

**Definition:** A "program" can be a degree, a sequence within a degree, a minor, or a certificate. This form is to be used for both undergraduate and graduate programs.

**Complete the following information:**

Department: Health Sciences

Contact person: Jim Broadbear (jtbroad, 8-8807)  
Chris Grieshaber (dcgries, 8-8806)

Date: 9/28/2020

Proposed new program: Sequence: *Integrative Health & Wellness*  
Major: *Health Promotion & Education*

(Note: if the proposed program is a sequence, please indicate the full degree it is housed within)

**BRIEF DESCRIPTION OF THE PROPOSED PROGRAM**

*The purpose of this sequence is to prepare HPE students for work in health & wellness coaching, integrative (functional, holistic) health, worksite wellness, and other wellness settings. This sequence emphasizes wellness, optimizing human health, prevention, healthy aging, holistic approaches, and complementary and alternative medicine. Students are prepared in HPE core sciences & competencies such as health data analysis, epidemiology, needs assessment, and program planning & evaluation with an added emphasis on human nutrition, human biology, and health & wellness coaching. The proposed program is distinct from existing sequences as follows:*

- *The existing Public Health sequence focuses on population health and skills that relate to systems change such as health communication and public health leadership. The emphasis is disease prevention.*
- *The existing School Health Education sequence is preparation for becoming a grades 6-12 health teacher.*
- *The proposed Integrative Health & Wellness (IHW) sequence focuses on skill-development in helping individuals pursue more optimal wellness IHW prepares students to work with people one-on-one in various settings and within organizations worksite wellness. This sequence will share several courses with the Public Health sequence but be distinctive through studying coaching psychology, individual behavior change, and health & wellness coaching. In addition, IHW students will be taking courses in biology and nutrition that will add knowledge and skills. IHW is a distinctive area of practice for health promotion professionals and in demand.*

## ENROLLMENTS

In the table below, summarize enrollment and degrees conferred projections for the program for the first- and fifth-years of operation. If possible, indicate the number of full-time and part-time students to be enrolled each fall term in the notes section. If it is not possible to provide fall enrollments or fall enrollments are not applicable to this program, please indicate so and give a short explanation.

**TABLE 1**

<b>STUDENT ENROLLMENT AND DEGREE PROJECTIONS FOR THE PROPOSED PROGRAM</b>		
<b>Category</b>	<b>Year One</b>	<b>5<sup>th</sup> Year; or when fully implemented</b>
Number of Program Majors/Minors (Fall Headcount)	7	25
Annual Full-time-Equivalent Majors/Minors (Fiscal Year)	7	25
Annual Number of Degrees Awarded		10

### **Budget Rationale (as an attachment; include corresponding data in Table 2)**

Provide financial data that document the department or school's capacity to implement and sustain the proposed program and describe the program's sources of funding.

- a. Is the unit's (College, Department, School) current operating budget (contractual, commodities, equipment, etc.) adequate to support the program when fully implemented? If "yes", please explain. If new resources are to be provided to the unit to support the program, what will be the source(s) of these funds?

*YES; no new courses are being added as part of this plan. New courses that were developed over the last five years as part of the minor in Health and Wellness Coaching provide the foundational coursework with the addition of existing courses in HSC, KNR and FCS. This is desirable because health & wellness coaching fits within the unique focus on IHW - compared to Public Health or School Health Education.*

- b. What impact will the new program have on faculty assignments in the department? Will current faculty be adequate to provide instruction for the new program?

*None; no new courses are being added to the department as part of this proposal. Current faculty resources will be adequate to provide instruction.*

Will additional faculty need to be hired, either for the proposed program or for courses faculty of the new program would otherwise have taught? If yes, please indicate whether new faculty members will be full-time or part-time faculty, tenure track or non-tenure track faculty.

*No*

- c. Will current staff be adequate to implement and maintain the new program? If "yes", please explain. Will additional staff be hired? Will current advising staff be adequate to provide student support and advisement, including job placement and or admission to advanced studies? If additional hires will be

made, please elaborate.

*Yes; academic advising demand is expected to increase minimally. If overall future demand in the department exceeds available capacity, requests for additional resources will be made separately as part of the regular budgetary process at that time.*

- d. Are the unit's current facilities adequate to support the program when fully implemented? Will there need to be facility renovation or new construction to house the program? (For a new degree program describe in detail the facilities and equipment available to maintain high quality in this program including buildings, classrooms, office space, laboratories, equipment and other instructional technologies for the program).

*Yes; the program will be taught by existing faculty and will not require laboratory space. Current classroom capacity will accommodate increased demand over five years. When fully implemented, a request for accreditation review will be submitted and maintained in the program to help ensure a high standard of quality in the program.*

*Certification & Accreditation: Certified Wellness Practitioner, National Board Certified - Health & Wellness Coach, & National Wellness Institute Accredited Academic Program. We anticipate the accreditation fee structure for this program to be \$900/three years, or \$300 annually. The cost of accreditation will be absorbed as part of the current operating budget in the department. No additional resources are required. Accreditation with the National Board for Health and Wellness Coaching will allow students in the IHW sequence or the Health and Wellness Coaching minor to be eligible to become board-certified (nationally).*

- e. Are library resources adequate to support the program when fully implemented? Please elaborate.

*Yes; library resources that have already been organized in support of the minor in health and wellness coaching and majors in community health promotion and exercise science will be adequate to support the new major.*

- f. Are there any additional costs not addressed in items a. – d.? If "yes" please explain.

No

- g. Are any sources of funding temporary (e.g., grant funding)? If so, how will the program be sustained once these funds are exhausted?

No

- h. If this is a graduate program, discuss the intended use of graduate assistantships and where the funding for assistantships would come from.

N/A

**TABLE 2: RESOURCES REQUIREMENTS**

<b>ESTIMATED COSTS OF THE PROPOSED PROGRAM- Only new resources not currently available to the program</b>			
<b>Category</b>	<b>Unit of Measurement</b>	<b>Year One</b>	<b>5<sup>th</sup> Year (or when fully implemented)</b>
<b>Section 1: Operating Expenses</b>			
Including but not limited to: Contractual, Commodities, Equipment, etc.	\$	\$ 0.00	\$ 0.00
<b>Section 2: Personnel</b>			
Faculty	FTE	# 0	# 0
Faculty	\$	\$ 0.00	\$ 0.00
Other Personnel Costs – All Staff excluding Faculty	\$	\$ 0.00	\$ 0.00
<b>Section 3: Facilities</b>			
Including but not limited to rental, maintenance, etc.	\$	\$ 0.00	\$ 0.00
<b>Section 4: Other Costs (itemized)</b>			
•	\$	\$	\$
•	\$	\$	\$
•	\$	\$	\$
•	\$	\$	\$
•	\$	\$	\$
<b>Total</b>	<b>\$</b>	<b>\$ 0.00</b>	<b>\$ 0.00</b>

**Routing and action summary – in sequential order:**

1. Meridee Van Draska Digitally signed by Meridee Van Draska  
Date: 2020.09.30 14:56:17 -05'00'

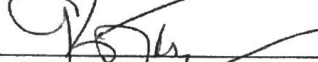
Department/School Curriculum Committee Chair

2. Grieshaber, David Digitally signed by Grieshaber, David  
Date: 2020.09.30 14:34:15 -05'00'

Department Chairperson/School Director

3. Todd McLoda Digitally signed by Todd McLoda  
DN: cn=Todd McLoda, o=Illinois State University,  
ou=CAST, email=tamclod@isu.edu, c=US  
Date: 2020.10.01 09:20:57 -05'00'

College Dean Date Approved

4.  11/12/2020  
Provost Date Approved

5.  12-3-2020  
College Curriculum Committee Chairperson Date Approved

6. \_\_\_\_\_ Date Approved  
Teacher Education Council Chair

7. \_\_\_\_\_ Date Approved  
University Curriculum Committee Chairperson

**Once approved, include this form with the curricular proposal for the new program.**